



Dear Youth,

We at Appetite For Change believe that “The Youth are the Truth”, and are invested in creating a space where young people can lead in making changes to the issues that impact you most.

If you are a north minneapolis resident who is **14-17** years old, we would like to offer you a paid internship opportunity. You will learn how to use food as a tool to create health, wealth, and social change.

You will be expected to show up, as scheduled, up to five days a week for **12 weeks of training**. Summer training will focus on developing life skills, the skills necessary to gain and keep full time employment, as well as food as a social justice issue within urban areas across the United States.

Based on your attendance, participation, and personal development you could have an opportunity to continue the experience as a paid member of the “Youth Team” at Appetite For Change in the fall.

List of Important Dates

- March 29th last day to turn in completed Applications
- Interview Dates: April 15th, 22nd, 29th 5pm - 7:30pm (Breaking Bread Cafe 1200 West Broadway)
- May 20th, 21st, 22nd, 23rd New Youth Intern Orientation
- June 11th First Day of Paid Internship Training
- July 1st - 5th Vacation (No Training Scheduled)
- August 30th Graduation
- September 9th First Day of On The Job Training Opportunities for selected youth (OJT).

If you have questions feel free to contact us at 612-588-7611 or email Michael@afcmn.org

Keep pages 1-2 for your records

Appetite For Change - 1200 West Broadway Ave N, Suite 250, Minneapolis, MN 55411 * 612-588-7611 * info@afcmn.org * text 612-616-9040

Title: Youth Training and Opportunity Program **Youth Intern**
Reports to: Michael Lee, Youth Training and Opportunity Manager
Status: Part time and Seasonal Internship

Overview: Appetite For Change (AFC) is a nonprofit social enterprise in North Minneapolis whose mission is to use food as a tool to build health, wealth and social change. AFC's vision is that thriving and socially connected communities creating a just, sustainable, and local food system should be a reality for North Minneapolis.

Position Description: The Youth Intern position is an opportunity for young people in the community to develop marketable skills, through community learning sessions and on the job training. Youth will also have access to opportunities to personally develop within their community.

Key Responsibilities -

1. Be prepared to participate, in uniform, and with a positive attitude.
2. Actively learn and display skills obtained.
3. Complete all of the scheduled training sessions.
4. Assist with the growth and recruitment of Appetite for Change.
5. Show up 15 minutes early for your scheduled time.

“80 percent of success is showing up!”

Paid Internship Qualifications

- 14-17
- Eagerness to learn
- Open to try new experiences
- Available to attend all sessions for the full summer **June 11th - August 30th**
- Youth can have one of the following barriers to employment and will not be turned away: truancy, gang or clique affiliation, homelessness, mental or physical health/ability or any other barrier to employment youth might face.

To apply read, complete, and return the forms listed below to Appetite For Change 1200 West Broadway Ave N.

YTOP - Youth Intern Application

YTOP - Personal Goal Letter

YTOP - Message to the Family Permission and Media Release

YTOP - Reference Form

YTOP - Youth Intern Application

Name (Last, First, Middle Initial)	Date of Birth	Gender
Address (Street, City, State, Zip)		
Telephone Number (Home): _____ (Cell): _____	Email Address:	
Are you looking for changes within your community? Y/N if Yes, describe	Describe:	
Are you interested in changing the food you eat? Y/N	Describe:	
Have you ever gardened? Y / N if Yes, describe	Describe:	
Do you have a desire to garden? Y/N		
Do you know how to cook? Y / N if Yes, describe	Describe:	
Would you like to learn to cook? Y/N		
Do you have any experience developing a business or nonprofit? Y / N if Yes, describe	Describe:	

Education

What school do you most recently attend?	What grade are you currently in?	What is your GPA?
What other extra-curricular activities are you involved with?	How many hours per month are you involved in those extra-curricular activities?	Did you hold a leadership position? Y / N
Why do you want to work with Appetite for Change?		Do you have transportation? (Bus, Car, Parent, etc) Y / N

Youth Signature: _____ **Date:** _____

YTOP - Personal Goal Letter

Please write a one page letter about your personal, educational, career goals. Be honest.

Include examples of your experiences working within your neighborhood/community, and/or experiences working with leaders or peers.

PRINT CLEARLY IN THE SPACE BELOW

YTOP - Letter to the Family

Dear Family,

A young person from you family is applying for an internship with our community built and led organization, called Appetite For Change. If your young person is offered an opportunity to participate it would be an opportunity for your family to engage with an effort to strengthen the community.

We also need your signature for the **permission** and **media release**. Complete this form and return it with the Youth Intern Application, it is necessary prior to interview. If you are giving your young person permission to participate as a Youth Intern, thank you and please complete this form.

YTOP - Permission

I am the parent/guardian of _____, and I hereby give permission for them to apply and possibly receive the position of Youth Intern at Appetite For Change.

Parent Signature _____ Date _____
Parent Print Name _____ Phone Number _____
Email Address _____ Relationship to child _____

YTOP - Media Release

I hereby assign and grant to the above organizations the right and permission to use and publish the photographs/film/video tapes/electronic representations and/or sound recordings made of myself and/or my child/children on this date and I hereby release the above organizations from any and all liability from such use and publication. I understand that these photos will only be used on the organization's secure website, or in printed or video publications used for marketing and fundraising on behalf of them.

I hereby authorize the reproduction, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/video tapes/electronic representations and/or sound recordings without limitation at the discretion of the organizations and I specifically waive any right to any compensation I may have for any of the foregoing.

Parent/Guardian Signature _____ Parent/Guardian Printed Name _____
Print Youth Name _____ Date _____

Return pages 3-5 to:

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YTOP - Reference Form

To be filled out by an adult who is willing to give a reference on behalf of the applicant, **complete and return in a sealed envelope. Thank You!**

Applicant's Name: _____

Position to which this applicant is applying at Appetite for Change: _____

Reference Name:

Telephone Number: _____

Organization/Affiliation: _____

Title: _____

In what capacity and how long have you known the applicant?

What are this Applicant's strengths?

What are some areas this Applicant needs to grow?

Speak to this applicant's reliability:

Please give an example of a time when this applicant took initiative:

Why would this applicant be a good choice for an internship with our organization?