



Black Bean Brownies

Ready in 20 minutes, serves 12

Ingredients

- 1 (15oz. can black beans) drained and rinsed
- 2 Tbsp cocoa powder
- ½ cup of chocolate chips
- 4 Tbsp quick oats
- Pinch of salt
- 1½ tsp pure vanilla extract
- 2 ½ Tbsp honey
- 1 Tbsp brown sugar
- 2 Tbsp oil
- ¼ tsp baking powder

Materials

- Measuring cup + spoons
- Baking pan
- Food processor
- Mixing spoon

Directions

1. Preheat oven to 350 F.
2. Add all ingredients listed from the top except the chocolate chips into a food processor mix until completely smooth
3. Stir chocolate chips into the brownie mixture
4. Pour brownie mix into a greased 8×8 pan (Optional sprinkle more chips on top)
5. Bake brownies for 15-20 minutes, then let cool at least 10 minutes before cutting